



Equipment:

You will need - DVD player, TV, pens, leader's guide and course members' sheets for everyone in the group.

NOTE: Before you start the course you may like to order some prayer cards from www.thykingdomcome.global



Timings:

This session is timed to run for 60 mins to leave plenty of time for informal discussion at the beginning of the session to help people relax and feel at ease in the group.



Session Aims:

- Creating a warm atmosphere in the group
- Exploring false ideas about evangelism and seeing faith sharing as something we can do!
- Recognise the vital importance of prayer in faith sharing



Welcome: (8 minutes)

Welcome people and thank them for being part of the course. Ask the group to tell the other group members their names and tell the group their favourite TV programme. You might also like to ask people their reasons for coming on the course.



Exercise: That's impossible! (7minutes)

When everyone has introduced themselves ask the group to demonstrate if they can roll their tongue. Then ask the group to try and pat their heads whilst rubbing their stomachs.

After people have tried this, comment that many people can roll their tongue but some people can't do it. Then comment that many people find patting their heads and rubbing their stomachs at the same time difficult.

As a last exercise invite the group to try to lick their own elbow. After a few moments of trying to do this, inform the group that this is impossible!

End this section by saying that most Christians find speaking about their faith very difficult or believe that it is something that is impossible for them to do. Explain that this course is designed to help people see sharing their faith as something they can do and that the course is designed to help them grow in confidence in their faith sharing abilities.



Prayer: (1 minute)

Hand out the course members' sheets and join together in praying the Blackburn Diocese Vision 2026 prayer together or use some other suitable prayer.

Heavenly Father, we embrace Your call for us to make disciples, to be witnesses and to grow leaders. Give us the eyes to see Your vision, ears to hear the prompting of Your Spirit and courage to follow in the footsteps of your Son, our Lord and Saviour Jesus Christ. Amen.



DVD 1:1 (2 minutes 30 seconds)

Watch the first part of the Session 1 DVD. Please note that there is a subtitle option on the DVD if that would be useful to members of the group. ***Pause the DVD when the screen goes black.***

DVD content

- Welcome and overview of the course
- People find faith sharing frightening
- Distorted views of faith sharing
- Definition of evangelism/faith sharing



Exercise: Licking your own elbow?! (15 minutes)

Ask the members of the group to look at the speech bubbles on the course members' materials and ask them which of the captions best expresses their own thoughts about evangelism and faith sharing. They can add their own thoughts in the blank speech bubbles. After group members have done this, discuss together the responses and reactions of members of the group.

At the end of the exercise, encourage group members to see faith sharing as something that everyone is called to be involved in and that this course is designed to help everyone feel a bit more confident in sharing their faith.



DVD 1:2 (1 Minute 30 seconds)

Watch the next section of the DVD and ***pause the DVD when the screen goes blank.***

- Breaking faith sharing down into steps
- Building up knowledge and experience



Bible: Colossians 4:2-6 (15 mins)

Ask a member of the group to read out the passage, you may like to ask someone in advance to avoid putting someone on the spot!

After the passage has been read, ask the group for any immediate comments or thoughts about the passage. Then consider the following questions

- Paul mentions prayer three times in this passage, why do you think he does this?
- What things does Paul encourage the church in Colossae to pray for?
- There is a saying 'talk to God about your friends, before you talk to your friends about God'. What is your response to this statement?
- How easy do we find it to make the most of every opportunity?
- What do you think Paul means by "let your conversation be seasoned with salt"?



DVD 1:3 (2 minutes)

Watch the last section of the DVD and then turn off the DVD.

DVD content

- The importance of prayer in helping people become followers of Jesus
- Praying regularly for 3-5 people



Exercise: The Power of Prayer (5 minutes)

Invite people to think of three to five people that they can commit to praying for regularly who don't yet have a living relationship with Jesus. You may like to give people a prayer card to write down the names or the initials of the people they have committed to pray for.

Encourage the group members to put the prayer card in a place where they will be reminded to pray regularly for these people.

Prayer cards and other useful resources are available from Thy Kingdom Come www.thykingdomcome.global



Prayer: (2 minutes)

Spend a few moments in silence whilst people pray silently for the people they have chosen to pray for. You might like to have some quiet music playing in the background.

Pray together the 'Being Witnesses' prayer on the course members' handout.

Lord, help us to be witnesses through our actions and our words.

May we be faithful in prayer, gracious in service and more confident in speaking.

We ask this through Jesus Christ, our Lord and Saviour. Amen



Take Away activity: (1 minute)

Remind course members to pray regularly for the people on their prayer card and suggest they may like to put the card in their Bible or fasten it up in a prominent place as a reminder to pray.